# Crystal Divers Fiji

Nananu-I-Ra Island Po Box 705 Rakiraki, Fiji Islands National Association of Underwater Instructors P.O. Box 14650 Montclair, CA 91763-1150

### WAIVER AND RELEASE AGREEMENT FOR RECREATIONAL DIVING

#### Read carefully before signing.

I, (print name) \_\_\_\_\_\_, hereby affirm that I am a certified diver and cognizant of all of the inherent dangers of skin and scuba diving, and of the basic safety rules for underwater activities.

I desire to dive with **Crystal Divers**, who holds a diving leadership rating with the National Association of Underwater Instructors (NAUI) and Professional Association of Dive Instructors (PADI). The diving activities are planned from \_\_\_\_\_\_ to \_\_\_\_\_.

I understand and agree the purpose of our diving activities is strictly recreational, and that it is not the function of the NAUI/PADI leader(s) to serve as the guardian(s) of my safety.

I agree to furnish my own equipment and be responsible for its good operating condition regardless of where I obtain it. I agree further that prior to each dive I will check my own equipment and my buddy's equipment to ensure proper function, completeness and familiarity and do not expect my equipment to be inspected by the NAUI/PADI leader(s).

I understand the NAUI/PADI leader(s) may provide advice or assistance to me, and I agree to hold the NAUI/PADI leader(s) harmless for any of their actions in attempting to be of assistance to me. I do not expect the NAUI/PADI leader(s) to supervise or control my diving activities in any way. BY SIGNING THIS DOCUMENT, I ASSUME ALL RESPONSIBILITY FOR PERSONAL INJURY, PROPERTY DAMAGE OR WRONGFUL DEATH, EVEN IF CAUSED BY THE NEGLIGENCE OF OTHERS.

I understand and agree my recreational diving activities with the NAUI/PADI leader(s) will not be credited in any way toward any training requirements for any level of diving certification and that my diving activities with the NAUI/PADI leader(s) are entirely of a recreational nature.

I have read, understand and agree to abide by the NAUI/PADI Prudent Diving Practices, during these recreational diving activities.

I understand and agree I am participating in these recreational diving activities voluntarily, and I agree to be completely responsible for my own actions.

I hereby declare I am of legal age and am competent to sign this waiver and release agreement or that my parent or guardian will sign this document on my behalf if I am a minor.

I HAVE READ THIS AGREEMENT, UNDERSTAND IT, AND I AGREE TO BE BOUND BY IT.

Signature of Participant:

Witness (Name): \_\_\_\_\_\_Signature \_\_\_\_\_

Signature of Parent or Guardian (where student is a minor):

#### NAUI PRUDENT SCUBA SAFE DIVING PRACTICES

## For enjoyable scuba diving with minimal risk, you as a diver should:

1. Be trained in scuba diving by a certified underwater instructor and certified by a nationally recognized certifying organization.

2. Maintain good physical and mental condition for diving. Only dive when feeling well. Do not use any intoxicating liquor or dangerous drugs before diving. Have a regular medical examination for diving.

3. Use correct, complete, well maintained diving equipment which you check before each dive. Do not loan your equipment to a non-certified diver. When scuba diving in open water, use personal flotation equipment plus a submersible pressure gauge and /or a reserve warning mechanism.

4. Know the limitations of yourself, your buddy and your equipment. Use the best possible judgement and common sense in planning each dive. Allow a margin of safety in order to be prepared for emergencies. Set moderate limits for depth and time in the water.

5. Know your diving location. Avoid dangerous places and poor conditions.

6. Control your buoyancy to make diving as easy as possible. Be prepared to ditch your weights, make an emergency ascent, clear your mask or mouthpiece, or take other emergency action if needed . In an emergency: stop and think, get control - then take action.

7. Never dive alone. Always buddy dive - know each other's equipment. Know hand signals and stay in contact.

8. Use a boat or float as a surface support station whenever appropriate. Fly the dive flag(s) to warn boaters that

divers are in and under the water. Slowly surface close to the float and flag, watching and listening for possible

hazards.

9. Beware of breath holding. Breathe continuously throughout a scuba dive. Exhale during any ascent. Without

scuba: avoid excessive "overbreathing" before a skin dive; do not overexert. Know your limits and allow for a

margin of safety. Be sure to equalize pressure early and often both during ascent and descent.

10. If your are cold, tired, injured, out of air or not feeling well, get out of the water. Diving is very risky and no longer enjoyable at that point. If any abnormality persists, get medical attention.

11. Know decompression procedures, tables and emergency procedures. Make all possible dives "no-required

decompression" dives. Avoid stage decompression particularly during repetitive dives, at altitude, or when planning to fly after diving.

12. Continue your scuba training by taking advanced, open water or specialty courses. Log your dives and try to

make at least 12 dives each year.

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